



Deak Vein NJ Clinic

In Office Laser Vein Treatment
In Office Laser Vein Treatment

PRE-OPERATIVE INSTRUCTIONS

Prior to your surgery you may have to have a blood test done.

You will be receiving a local anesthetic/and an oral sedative during surgery and will not be able to drive home following the procedure. Please arrange for someone to drive you home. You will be in the office approximately 2 1/2 hours. The actual procedure itself takes only about one and a half hours.

Shave the operative leg the night before your surgery.

Do not use any aspirin products for four (7-10) days prior to having the procedure. If you are on blood thinners please notify us immediately so we can speak with your primary Doctor and determine a course of action.

POST-OPERATIVE INSTRUCTIONS

Do not come to the office on an empty stomach. You will not be having general anesthesia. We encourage you to have a small meal 1 to 2 hours prior to arriving at the office.

You will have a compression hose in place when you leave the office. Sleep in this hose for the first 24 hrs. and for at least the next ten days while awake.

You will have a small 4x4 dressing at the insertion site with Steri-Strips in place, you may remove the 4x4 at your first shower, leave the Steri-Strip in place. The Steri-Strips may begin to come loose after 5-7 days, at which time you can remove them; however it is best to keep them in place for 2 weeks.

You may have some discomfort following surgery. Some patients find it helpful to take a day or two off of work, although we expect you to be able to resume all your pre-procedure activities (including work) the following day, if necessary. We will prescribe a prescription for pain medicine to be used as needed. If you are having extreme discomfort or bleeding notify the office immediately.

We would like you to continue to keep moving and maintain a normal level of activity. Walking twice daily for 20 minutes is encouraged and promotes speedy healing.

Again, feel free to call the office if you have any questions.

Please bring your compression hose to all appointments.